

RECIPE

Acai Bowl with Nutella®

Easy

15 min



INGREDIENTS

for 2 portions

2 bananas

5.7 oz of frozen mixed berries

1 oz of acai powder or frozen acai puree

17 oz of almond Milk

Toppings

1.5 oz of kiwis

1/8 of Mango

1 oz of raspberries

1 oz of strawberrie

1 oz of blueberries

0.4 oz of Oats

1 oz of Nutella®



To prepare this delicious recipe, 1 tbsp of Nutella® per person is enough to enjoy!

METHOD

- 1** | Ideally the day before or 1h30 before making the acai bowl, cut the bananas into slices and put them in the freezer.
- 2** | When the bananas are frozen, in a large blender mix the bananas with the mixed berries, the acai powder and the almond milk.
- 3** | Peel the kiwis, cut them in half lengthwise and then into thin strips.
- 4** | Cut the strawberries lengthwise and into thin slices as well. Peel then cut the mango into thin slices.
- 5** | Pour the acai preparation into bowls and then place a few strips of kiwi, strawberry, mango, three raspberries, a few blueberries, then sprinkle a large teaspoon of oatmeal. Add 0.5 oz Nutella® as a topping.